

Straight

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a light conditioner

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use light styling products that contain silicones (preferably water-soluble silicones)

Wavy

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a light conditioner

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use light styling products that contain silicones (preferably water-soluble silicones)

Curly

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a thick conditioner

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use thick styling products that contain silicones (preferably water-soluble silicones)

Kinky

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a thick conditioner

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use thick styling products that contain silicones (preferably water-soluble silicones)

