

Straight

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a light conditioner with either no silicones or water-soluble silicones

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use light styling products that contain either no silicones or water-soluble silicones

Wavy

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a light conditioner with either no silicones or water-soluble silicones

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use light styling products that contain either no silicones or water-soluble silicones

Curly

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a thick conditioner with either no silicones or water-soluble silicones

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use thick styling products that contain either no silicones or water-soluble silicones

Kinky

Shampoo: Use a sulfate-free shampoo

Conditioner: Use a thick conditioner with either no silicones or water-soluble silicones

Deep Conditioning Treatments: Use a thick deep conditioner that is extremely thick and emollient

Styling Products: Use thick styling products that contain either no silicones or water-soluble silicones

